



“Discharge Planning from an Acute Care Facility”

Understanding Catastrophic Injuries, Treatment and Rehabilitation

1. Catastrophic Injuries

- Physical Injury
- Paralysis
 - Complete and Incomplete
- Head Injury
- Amputation

2. Hospitalization, Surgery and Recovery

- Surgery
- Acute Hospitalization
 - Wound Care
 - Therapy PT/OT
 - Mental Health of the Patient and Family
- Discharge Planning

3. Sub-Acute Hospitalization and Rehabilitation

- Cost Savings vs. Acute Facilities
- Rehabilitation Guidelines for Sub-Acute Hospitals vs. Rehabilitation Hospitals
- Therapy
 - Goals
 - Activities of Daily Living
 - Discharge Planning
 - Transitional Living Unit

4. Home Modifications

- When to Address
- Exterior Modifications, Ramp, Elevator
- Bathroom
- Kitchen
- Doorways

4. Equipment Needs

- Manual vs. Power chair
- Shower Chair
- Soft Medical Goods
- Transportation / Van
- Exercise Equipment

6. Summary & Conclusions

- Future Needs
- Future Hospitalizations
- Home Health needs

7. Questions & Answers

Objectives: The learner will be able to: identify the types of catastrophic injuries, and resources available to provide independence to their patient after a disability; discuss modifications available through today's technology and the impact on one's independence; State 3 standards from the ADA guidelines needed in home modifications.